

Activities



January



2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Resolutions/Reminiscing Word Searches New Year Trivia	2 Church Service Beach Ball Game Table Top Puzzles	3 Crafting Calming Jar Card Games	4 Scavenger Hunt Piano Sing Along Seated Exercise	5 Pets on Wheels Visit Manicures Name That Tune
6 Ravens vs. Chargers 1:00pm Burgers & Fries	7 Coloring Page Word Search I Spy	8 Puzzles Card Games Sing Along	9 Church Service "Ceramics" Picture Frame Décor	10 Crafting BINGO Books on Tape	11 Hedbanz Connect Four Ball Toss	12 Reminiscing The Way We Were Movie Night 6pm
13 Girl Scout Visit Book Club Seated Dance	14 Chair Yoga Aromatherapy Guess Who?	15 Crafting Scavenger Hunt Crossword Puzzles	16 Church Service Sing Along Centerpiece Craft	17 Crafting Name that Movie Seated Exercise	18 Hand Massages Hair Styling Bowling	19 Cake Baking Ball Exercise Movie Night 6pm
20 Football Game 1:00pm Dip Making	21 Board Games Therapeutic Coloring	22 Crafting Seated Exercise Name That Tune	23 Church Service Beach Ball Game Reminiscing	24 Crafting – Oragami BINGO Finish the Lyrics	25 Sing Along Connect Four Manicures	26 Pets on Wheels Visit Table Top Games Reminiscing
27 Football Game 1:00pm Superbowl Crafts	28 Board Games Piano Playing Seated Exercise	29 Crafting On This Day Guessing Game	30 Church Service The Way We Were Chair Yoga	31 Valentine's Day Decorating Card Making		
						All activities subject to change without notice

*Each day we provide a morning greeting activity, exercise, current events discussion, snack/tea time, and our "afternoon club house". *